



PROBUS Club of Cambridge Newsletter

December 21, 2021

On December 9th we held our first Christmas Gala at the Portuguese Club. 129 people attended - in person - not on Zoom.

It has been two long years since we had our last Christmas get together, and in honor of the occasion, we decided to step things up a notch and call it our Christmas Gala.



During the last two years, we have all been affected by the pandemic, some to a far greater degree than others. Although fear of the unknown has dominated our thoughts, Christmas is a time of hope and joy. And for a couple of hours, we tried to leave those concerns outside and enjoy the joy of fellowship and friendship.

Mayor Kathryn McGarry was in attendance and brought greetings from the City. Peter Hunton reminded us of what it was like for the entire year of his presidency to meet by Zoom.

Ivan Robinson, who is 99 years young (his birthday is in April) delivered a moving grace.

And we had entertainment fit for a Gala - Carol Dery and friends performed various opera pieces and amazed us with the range of their voices.

It was fortunate we had the event in early December before the Omicron variant occurred. Our Management Committee meeting will temporarily switch back to Zoom for our meeting the first week of January.

We will continue to monitor COVID in advance of our next regular meeting.

Feel free to forward this newsletter to a friend who may be a prospective future member. Consider also providing your friend's email address to Bob McBlain, our Membership Chair, for further follow-up.

. . . Ron Woynarski, President

[Watch Christmas Gala Recording](#)





Marsha Jaworski
Registered Massage Therapist
Osteopathy

Good Balance – The Key to Empowered Health

Marsha is guest speaker at our January 26 meeting.

Good balance is essential for injury prevention, sport performance, everyday activities and maintaining independence as we age.

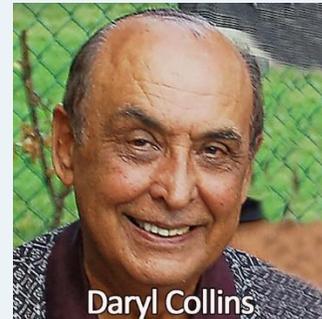
Learn about the complexity of postural control and easy strategies to improve your balance.



Falls are the number one preventable injury sustained by Canadians every year.

Daryl Collins Vignette

In our January meeting, Daryl will share his vignette with us.



Celebrate our successes over the past 2 years!

When COVID struck in 2020 we shifted into ZOOM to enable many of our members to continue regular monthly meetings from home. We worked to help maximize the number of members who could participate electronically.

Your Cambridge Club was instrumental in helping other clubs enable ZOOM meetings.

Our vignettes continued with some ZOOM meetings dedicated to vignettes.

We discovered integrated software, Wild Apricot, that was being used by several PROBUS groups, tested and implemented the software. The software handles our

website, tracks member information, helps manage events, enables electronic payments and publishes our newsletter.

While all this was happening, we continued to have regular guest speakers, a golf tournament, started regular ZOOM Trivia contests and our membership continues to be stable.

Recently we resumed face to face meetings and a Christmas Gala, all with proper COVID protocols.

Many of us appreciate the human interaction even more than before COVID. ZOOM still provides us with recordings and a tool for some discussions, but is not a replacement for in person meetings.

Prior to Wild Apricot, the club had developed an excellent information database which helped us manage the Cambridge Club business. The previous development also provided a strong basis to migrate into Wild Apricot. Hopefully, Wild Apricot will serve us well.

Whoever said you cannot teach old dogs new tricks clearly did not know the PROBUS Club of Cambridge.

. . . Paul Tunks, Newsletter Editor

Trivia Contest

A series of 55 questions with a multiple-choice format was presented on December 15th. The winners were Denis Souder and Dave Ottenbrite who both had 43 out of 55 correct. Well done Gentlemen.

We will continue meeting the third Wednesday of of the month. Our next game will be at 10 am January 19th.

All are welcome. To register for our monthly Trivia Contest activity, you must first log in to [our web site](#), then visit the Activities section, find the Trivia Contest item and click the Register button.



Please contact me for assistance registering or with any questions.

. . . Mark Maloney, 519-241-0349

PROBUS Global

Check out the December 2021 PROBUS Global Newsletter for information on clubs from around the world.

[December 2021 Global Newsletter](#)



You are receiving this email because you are a club member or have expressed an interest in the past.

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